

All Time Best / TOP 100 Man				
1	Geoffrey Mutai	Kenia	2013	27.37
2	Wilson Kipsang	Kenia	2009	27.45
3	Peter Kamais	Kenia	2010	27.49
4	Eric Ndiema	Kenia	2010	27.56
5	Philip Langat	Kenia	2012	27.57
6	John Langat	Kenia	2015	27.58
7	Philip Langat	Kenia	2015	27.58
8	John Langat	Kenia	2016	27.59
9	Wilson Kipsang	Kenia	2016	27.59
10	David Kogei	Kenia	2013	28.02
11	Boniface Kirui	Kenia	2011	28.02
12	Wilson Kipsang	Kenia	2013	28.03
13	Abdellah Falil	Marokko	2007	28.05
14	Daniel Wanjiru	Kenia	2016	28.05
15	Emanuel Oliaulo	Kenia	2013	28.06
16	Philip Langat	Kenia	2014	28.10
17	Ayele Abshero	Ethiopië	2014	28.13
18	Merhawi Kesete	Eritrea	2015	28.13
19	Wilfred Murgor	Kenia	2010	28.14
20	Eliud Macharia Mwangi	Kenia	2014	28.15
21	Jacob Kendagor	Kenia	2016	28.15
22	Hillary Kipkemoi Langa	Kenia	2014	28.16
23	John Nzau Mwangangi	Kenia	2014	28.17
24	Bernard Kipkemoi	Kenia	2014	28.22
25	Richard Kiproop Mengich	Kenia	2015	28.22
26	Charles Cheruiyot	Kenia	2015	28.24
27	Wilson Kipsang	Kenia	2011	28.26
28	Sondre Norstad Moen	Noorwegen	2016	28.29
29	Jason Mbote	Kenia	2006	28.29
30	Luka Keitany	Kenia	1998	28.30
31	Tesfaya Tola	Ethiopië	1998	28.31
32	Philip Langat	Kenia	2011	28.32
33	Jason Mbote	Kenia	2009	28.32
34	Charles Koech	Kenia	2007	28.32
35	Elijah Sang	Kenia	2007	28.32
36	Alemu Dagne	Ethiopië	1998	28.32
37	Nicholas Kipkemboi	Kenia	2012	28.33
38	Tsegay Kebede	Ethiopië	2007	28.33
39	Jamal Baligha	Marokko	2006	28.33
40	James Rotich	Kenia	2004	28.34
41	Philip Langat	Kenia	2013	28.36
42	John Kipchumba	Kenia	2004	28.36
43	Wilson Kipsang	Kenia	2008	28.39
44	Andrew Limo	Kenia	2004	28.40
45	Sammy Rongo	Kenia	2007	28.41
46	Alex Kapcheromit	Uganda	2016	28.43

47 Alfred Cherop	Kenia	2014	28.44	
48 Abraham Rotich	Kenia	2008	28.45	
49 Marda Musasebeker	Frankrijk	2008	28.47	
50 Saji Bouazza	Marokko	2004	28.47	
51 Alfred Cherop	Kenia	2012	28.48	
52 Vital Gahungu	Burundi	2004	28.48	
53 Thomas Chemitei	Kenia	2005	28.48	
54 Tadesse Abshiro	Ethiopië	2008	28.49	
55 Eiliud Kurgat	Kenia	1998	28.49	
56 Getu Feleke	Ethiopië	2010	28.50	
57 Victor Kigen	Kenia	2004	28.50	
58 David Barmasai	Kenia	2011	28.53	
59 Nathaniel Kipkosgei	Kenia	2011	28.53	
60 Salim Kipsang	Kenia	2006	28.55	
61 Daniel Yator	Kenia	2015	28.59	
62 Abdel el Hachimi	Marokko	2011	28.59	
63 Said el Wardi	Libië	2006	28.59	
64 Mohamed Elhachimi	Marokko	2008	29.00	
65 Sammy Kipruto	Kenia	2003	29.00	
66 Stanely Kagora	Kenia	2003	29.01	
67 Dereje Tesfaye	Ethiopië	2007	29.02	
68 Eiliud Kurgat	Kenia	1999	29.02	
69 Wilson Too	Kenia	2011	29.03	
70 Simon Kiprop	Kenia	2003	29.03	
71 Vital Gahungu	Burundi	2003	29.03	
72 Paul Biwott	Kenia	2001	29.03	
73 David Kogei	Kenia	2014	29.06	
74 Stehpan Tapala	Kenia	2003	29.06	
75 Ambessa Tolossa	Ethiopië	2000	29.06	
76 Kamel Kohil	Algerije	2003	29.08	
77 Francis Kibiwott	Kenia	2005	29.08	
78 Stanley Muiruri	Kenia	2008	29.10	
79 John Kales	Kenia	2008	29.11	
80 Dereje Tesfaye	Ethiopië	2008	29.12	
81 Wilfred Kigen	Kenia	2008	29.13	
82 Abraham Limo	Kenia	2000	29.13	
83 Ben Kimwole	Kenia	2007	29.13	
84 Mogos Shumay Solomon	Eritrea	2015	29.14	
85 John Kipsang	Kenia	2012	29.14	
86 Ibrahim Omar	Djibouti	2015	29.16	
87 Julius Arile	Kenia	2010	29.16	
88 Samson Lopuyet	Kenia	2000	29.16	
89 Tsegaye Tufa	Ethiopië	2015	29.17	
90 Tesfaya Tola	Ethiopië	1999	29.17	
91 Charles Koech	Kenia	2006	29.17	
92 Luke Kibet	Kenia	1997	29.18	
93 Ezekiel Meli	Kenia	2009	29.20	
94 Philip Metto	Kenia	2003	29.22	

95	Ali Mabrouk Zaid	Marokko	2006	29.22	
96	Jason Mbote	Kenia	2011	29.23	
97	Daniël Rono	Kenia	2002	29.23	
98	Kennedy Kimutai	Kenia	2012	29.26	
99	Rachid Ghanmouni	Marokko	2005	29.26	
100	Onemus Nyerere	Kenia	2005	29.26	
All Time Best / TOP 50 Ladies					
1	Joyce Chepkirui	Kenia	2011	30.43	
2	Zohr el Kamch	Marokko	2002	31.40	
3	Lornah Kiplagat	Groet	2010	31.53	
4	Hilda Kibet	Castricum	2009	31.59	
5	Lydia Cheromei	Kenia	2004	31.59	
6	Caroline Kilel	Kenia	2014	32.03	
7	Leonidah Mosop	Kenia	2014	32.08	
8	Caroline Kwambai	Kenia	2002	32.09	
9	Lornah Kiplagat	Kenia	2000	32.10	
10	Dibabe Kuma	Ethiopië	2015	32.11	
11	Elizeba Cherono	Kenia	2015	32.12	
12	Flo Chepchirchir	Kenia	2011	32.13	
13	Jane Kiptoo	Kenia	2002	32.13	
14	Caroline Cheptonui Kilel	Kenia	2010	32.15	
15	Caroline Kilel	Kenia	2015	32.24	
16	Elizeba Cherono	Kenia	2013	32.27	
17	Jane Moraa	Kenia	2013	32.36	
18	Dibabe Kuma	Ethiopië	2016	32.30	
19	Julia Mumbi	Kenia	2014	32.36	
20	Jane Kiptoo	Kenia	2003	32.38	
21	Yebergual Melese	Ethiopië	2012	32.38	
22	Chris Chepkonga	Kenia	2004	32.45	
23	Irma Heeren	Nederland	1999	32.55	
24	Caroline Cheptonui Kilel	Kenia	2012	32.57	
25	Abebe Tola	Kenia	2000	32.58	
26	Caroline Cheptonui Kilel	Kenia	2009	33.03	
27	Valentine Kipketer	Kenia	2011	33.07	
28	Adisalem Shumi	Ethiopië	2010	33.11	
29	Sheila Jerotich	Kenia	2016	33.20	
30	Lucy Macharia	Kenia	2015	33.55	
31	Naomi Maiyo	Kenia	2010	33.24	
32	Susan Chepkemei	Kenia	1998	33.25	
33	Genet Getaneh	Ethiopië	2007	33.26	
34	Kim Dillen	Nederland	2016	33.26	
35	Chris Chepkonga	Kenia	2002	33.31	
36	Genet Getaneh	Etiopië	2005	33.31	
37	Linah Cheruiyot	Kenia	2001	33.32	
38	Marcella Herzog	Nederland	2016	33.35	
39	Flomena Chepchirchir	Kenia	2006	33.36	
40	Nadja Wijenberg	Nederland	1997	33.38	

41 Sharon Tavengwa	Zimbabwe	2009	33.43	
42 Soumiya el Abani	Marokko	2007	33.56	
43 Chemtai Rionotukei	Kenia	2008	33.58	
44 Loise Kangogo	Kenia	2008	34.00	
45 Dahne Panhuysen	Nederland	2007	34.01	
46 Veerle Dejaeghere	Belgie	2015	34.02	
47 Luula Berhane	Kenia	2013	34.03	
48 Andrea Deelstra	Nederland	2016	34.03	
49 Lucy Macharia	Kenia	2014	34.04	
50 Tamara Coba	Oekraïne	1999	34.04	